

DASC CLUB GALA PROGRAMME

CLUB GALA 1

Distance	Event		Age groups for medals	Open to	Trophies available
50m	Freestyle		10/Un, 11&12, 13&14, 15/Ov	ALL squads. B2 at coach discretion.	10/Un
25m	Breaststroke		8/Un, 9, 10,	8/Un from ALL squads + all 9 and 10s in B1, B2 and B3 squads.	8/Un
100m	Backstroke	CC Points	10/Un, 11&12, 13&14, 15/Ov	All squads except B2. B1 squad at coach discretion.	11 & 12, 13/14, 15/Ov
200m	Fly		10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	

CLUB GALA 2

Distance	Event		Age groups for medals	Open to	Trophies available
50m	Backstroke		10/Un, 11&12, 13&14, 15/Ov	ALL squads. B2 at coach discretion.	10/Un
25m	Fly		8/Un, 9, 10,	8/Un from ALL squads + all 9 and 10s in B1 and B2 squads.	8/Un
100m	IM		10/Un, 11&12, 13&14, 15/Ov	All squads except B2. B1 squad at coach discretion.	12/Un, 13/Ov
100m	Freestyle	CC Points	10/Un, 11&12, 13&14, 15/Ov	All squads except B2. B1 squad at coach discretion.	11 & 12, 13/14, 15/Ov
200m	Breaststroke		10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	

DISTANCE GALA

Distance	Event		Age groups for medals	Open to	Trophies available
800m	Freestyle	CC Points	10/Un, 11&12, 13&14, 15/Ov	Girls Top, A1 and capable A2 swimmers at coach discretion.	12/Un, 13/Ov
1500m	Freestyle	CC Points	10/Un, 11&12, 13&14, 15/Ov	Boys Top, A1 and capable A2 swimmers at coach discretion.	12/Un, 13/Ov

CLUB GALA 3

Distance	Event		Age groups for medals	Open to	Trophies available
50m	Breaststroke		10/Un, 11&12, 13&14, 15/Ov	ALL squads. B2 at coach discretion.	10/Un
25m	Freestyle		8/Un, 9, 10,	8/Un from ALL squads + all 9 and 10s in B1 and B2 squads.	8/Un
200m	IM	Qualifier for SKINS	10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	12/Un, 13/Ov
100m	Fly	CC Points	10/Un, 11&12, 13&14, 15/Ov	All squads except B2. B1 squad at coach discretion.	11 & 12, 13/14, 15/Ov
200m	Backstroke		10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	

400m GALA

Distance	Event		Age groups for medals	Open to	Trophies available
400m (Mixed)	IM		10/Un, 11&12, 13&14, 15/Ov	Top, A1 and capable A2 swimmers at coach discretion.	12/Un, 13/Ov
400m (Mixed)	Freestyle		10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	12/Un, 13/Ov

CLUB GALA 4

Distance	Event		Age groups for medals	Open to	Trophies available
50m	Fly		10/Un, 11&12, 13&14, 15/Ov	ALL squads. B2 at coach discretion.	10/Un
25m	Backstroke		8/Un, 9, 10,	8/Un from ALL squads + all 9 and 10s in B1 and B2 squads.	8/Un
100m	Breaststroke	CC Points	10/Un, 11&12, 13&14, 15/Ov	All squads except B2. B1 squad at coach discretion.	11 & 12, 13/14, 15/Ov
200m	Freestyle		10/Un, 11&12, 13&14, 15/Ov	Top, A1, A2 and capable A3 swimmers at coach discretion.	
? X 50m	SKINS		12/Un, 13/Ov	Based on 200m IM results from Gala 3. Invitation only.	12/Un, 13/Ov
Club Championship			Overall Men's and Women's Club Champion		Open

Notes:

- All squads are invited to swim in the Main Club Galas
- Age on day of gala
- Some events have restricted entries and some can only be entered at the discretion of the coach
- CC Points = Event to score points towards the Club Championship